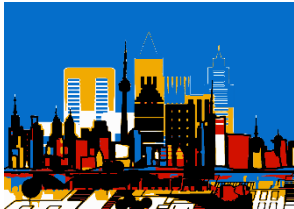


# Sumarfrístund 2017

## FRÍSTUNDAHEIMILIÐ BAKKASEL

### My neighbourhood 8. – 9. June



In this short course we will focus on getting to know each other and the staff members. We will also go on fun trips around the neighbourhood. For these two days, the children will create their own agenda.

### Olympic kids 12. – 16. June



**Monday:** Introduction to the week's agenda. We'll take a look at some unconventional sports and discuss which food brings us power and joy. We will also test various sports, both conventional and unconventional, e.g. blindfolded ballgame, backwards challenge course and bowling. A visit to a track and field area where we will try running on a track and long jump, among other things.

**Tuesday:** A beach trip to Gróttta and then swimming in Vesturbæjarlaug and climbing at a nearby area.

**Wednesday:** A visit to Gufunesbær outdoor leisure area, orienteering, climbing tower and Folf, a fun sport which is a mixture of golf and frisbee.

**Thursday:** A trip to Laugardalur skating rink and our very own Olympics in Hljómskálagarður park.

**Friday:** Beach volley ball, sea swimming and a barbeque at Nauthólsvík beach.

### Pirates 19. – 23. June



**Monday:** Introduction to the week's agenda. Who were the pirates, what's the big deal about them? Gold, silver, treasure maps and swords. We will craft exciting pirate things.

**Tuesday:** Pirate games and challenges. We'll search for pirates in a swimming pool.

**Wednesday:** We'll continue to craft exciting pirate things. We will also make some pirate ships and make them sail. In the afternoon we'll go treasure hunting in the neighbourhood.

**Thursday:** A visit to Skemmtigarðurinn amusement park in Grafarvogur to play on their pirate ship. Then, games in Gufunesbær outdoor leisure area.

**Friday:** Today, we will race our pirate ships, catch strange fish, water wars and barbeque. It's important to bring extra clothes, we will get wet.

með skipin okkar, furðufiskaveiðar, vatnsstríð og grill. Mikilvægt að koma með aukaföt því börnin munu blotna.

## Waterfun 26. – 30. June



**Monday:** Introduction to the week's agenda. We will play various watergames with the children, e.g. the spongegame and bucketwars. We will make a piece of art from soap bubbles and the children will mix water with various fruits.

**Tuesday:** A visit to the Reykjavík Whale museum to learn about these largest mammals on earth. Then, a trip to Nauthólsvík beach where the children will make sand castles.

**Wednesday:** One of the most fun swimming pools in the capital area is in Mosfellsbær. We will have an awesome day there. When we get back we'll make art with ice cubes and food coloring.

**Thursday:** We will head up to Lake Elliðaavatn, where we will fish for síli and play various games, including a question based ratleik.

**Friday:** We will finish the week in style, with water battles, a slippery slope and a barbeque.

## Box cars and outdoor studies 3. – 7. July



**Monday:** Introduction to the week's agenda and then straight to making box cars. We'll take a pause from that in the afternoon and play arrow orienteering and gather twigs to make small rafts.

**Tuesday:** A trip to Öskjuhlíð hill. Wood carving and games. Then, Nauthólsvík beach, where we will dip into the sea, search for broken shells and fancy pebbles and make rafts.

**Wednesday:** A visit to Gufunesbær outdoor leisure area, where we'll climb in the tower and try frisbee golf. Outdoor games, barbeque and play in the castle. Then, we'll finish our box cars and paint them.

**Thursday:** A bus ride and a hike up Mount Esja. We'll play games, bring our rafts, make a small dam in the creek and race our rafts.

**Friday:** Finishing touches to our box cars and then a race. Everyone has to bring a helmet. We will grill stuffed bread, bake pastry rolls in oranges over open flames and play games.

## Spies and mysteries 14. – 18. August



**Monday:** Introduction to the week's agenda. What do we need to learn in order to become a spy? The children will make a folder with secret code and a spy ID. We will also make up our own secret code and play orienteering.

**Tuesday:** The children will be divided to two teams. Each team will have a distinctive armband and make their own secret code and sign language to communicate covertly. We will navigate through a "laser" net and compete in a challenge course relay.

**Wednesday:** A trip to Klambratún park, where we will practice searching for clues, search for listening devices and learn how to find and lift fingerprints.

**Thursday:** The children hide "listening buttons" from each other and then search for them. We will watch the Spy Kids movie, they have done some very clever stuff. Then, the children will play a game where the teams spy on each other.

**Friday:** The teams continue to compete, and we'll find out which team accumulated more points during the week. Everyone receives an acknowledgement for participation. A barbeque at noon and swimming in the afternoon.

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