

# Summer leisure program 2017

## HRAUNHEIMAR AFTER SCHOOL PROGRAM

### My neighbourhood 8. - 9. June



In this short course we will focus on getting to know each other and the staff members. We will also go on fun trips around the neighbourhood. For these two days, the children will create their own agenda.

### Theater and magic 12. – 16. June



**Monday:** Introduction to the week's agenda, we'll play improv games and drama exercises. Also, we'll watch some magic shows on video and a staffmember will show some tricks.

**Tuesday:** What is improv? We'll practice improv technique and make a short play. Games and group activity. An introduction to clown theatre and locate the clown within ourselves.

**Wednesday:** We will take the stage in Hellisgerði park in Hafnarfjörður and practice performing outdoors. How far can my voice carry? Perhaps we can practice a play on the stage. After lunch, we will relax and play in a nearby swimming pool.

**Thursday:** We will look at some magic trick videos to get ideas for tricks to practice. Also, we'll continue to practice our plays and our performance.

**Friday:** We'll finish preparing for a fun show in the afternoon. Parents are invited to come and see what we've been up to during the week and have a nice time with the children.

### The Great Quest 19. – 23. June



**Monday:** Introduction to the week's agenda. A bike ride to Elliðaárdalur valley, orienteering and challenges. We will vade in the river and gather material for kitemaking. An introduction to skateboards and how to be around them.

**Tuesday:** Kitemaking. Who can fly their kite the longest? Is there a difference between cycling and running with the kite? We will look at a map of cycling trails to Lake Elliðavatn, where we will fish for stickelback. The children may pick the route.

**Wednesday:** A trip to Gufunesbær outdoor leisure area, where we will try out their climbing tower and find out who can quickest climb the tower. Then, we practice our skateboarding skills and go over the necessary equipment before we move over to the skate park for some tricks.

**Thursday:** Swimming in Laugardalslaug. Wipe out challenge, who can quickest complete the course without falling into the pool? Then, a statue themed orienteering – " Hug the statue".

**Friday:** BMX bike fun and a cycling challenge course on school grounds. The children bring their own bikes or scooters and compete amongst themselves. Award ceremony to celebrate the week's winners.

## Box cars and outdoor studies 26. -30. June



**Monday:** Introduction to the week's agenda and then straight to making box cars. We'll take a pause from that in the afternoon and play arrow orienteering and gather twigs to make small rafts.

**Tuesday:** A trip to Öskjuhlíð hill. Wood carving and games. The, Nauthólsvík beach, where we will dip into the sea, search for broken shells and fancy pebbles and make rafts.

**Wednesday:** A visit to Gufunesbær outdoor leisure area, where we'll climb in the tower and try frisbee golf. Outdoor games, barbeque and play in the castle. Then, we'll finish our box cars and paint them.

**Thursday:** A bus ride and a hike up Mount Esja. We'll play games, bring our rafts, make a small dam in the creek and race our rafts.

**Friday:** Finishing touches to our box cars and then a race. Everyone has to bring a helmet. We will grill stuffed bread, bake pastry rolls in oranges over open flames and play games.

## Crazy experiments 3. – 7. July



**Monday:** Villi's book of science is full of fun experiments. We'll take a look at it and also what Ævar the scientist has been up to. What do we want to try out on Wednesday? We'll also make a few experiments involving eggs, e.g. dissolving eggshell and making crystals inside them.

**Tuesday:** Experiments involving colors. What happens when various things are mixed with juice from pickled red cabbage? We'll mix different colors without pouring them together.

**Wednesday:** Which experiments did we pick on Monday? It's time to try out and see what happens.

**Thursday:** A trip to the beach where we will search for algae, bugs and some more interesting stuff to put under a microscope. Then, a refreshing swim at a nearby swimming pool.

## Bakstur og sælgætisgerð 14. – 18. August



**Monday:** Introduction to the week's agenda. We will look at recipes and pick the menu for our café. Also, we'll make chocolate-coconut balls and caramels.

**Tuesday:** A trip down town and sit down at a café, play games in Klambartún park and go swimming in Vesturbæjarlaug.

**Wednesday:** We'll make bonbons and lollipops and visit Domino's where we'll make our own pizza.

**Thursday:** We'll make candy and a recipe book as well as start baking and make preparations for our café.

**Friday:** We'll finish baking and decorating cakes while we set up our café. Parents are invited to come and taste the products.

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